

Primary 6 Info Day 2023 3 February 2023





The Happy Learning Place ...where we learn to love and love to learn



Objectives

- To reiterate the changes to the PSLE Scoring
- To inform of the PSLE Examination dates

- To better assist your child in preparing for the PSLE and his/her education in a secondary school
- To share some tips on managing your child's exam stress
- To get to know your child's Form Teachers

Programme

Items

Principal's Time by Principal, Mdm Loe Lai Pink

Understanding the PSLE Scoring & S1 Posting System by Year Head (Upper Primary Level), Miss Irfana Banu

Stress Management Talk by School Counsellor, Mdm Nurlizawati

Break

Form Teacher Time (in the respective classrooms):

Positive Classroom Environment
Communication Platforms
Assessment Matters
Positive Home-School Partnership
L.O.V.E (Link Our Visions Entirely) Letters Programme
Interaction with Form Teachers

End of Programme





Principal's Time



School Vision

- S elf-Directed Learners
- P assionate Contributors









Self-Directed Learners





assionate Contributors





Changing landscape for our students







ACCELERATED TECHNOLOGICAL CHANGES

Increasing pace of disruption

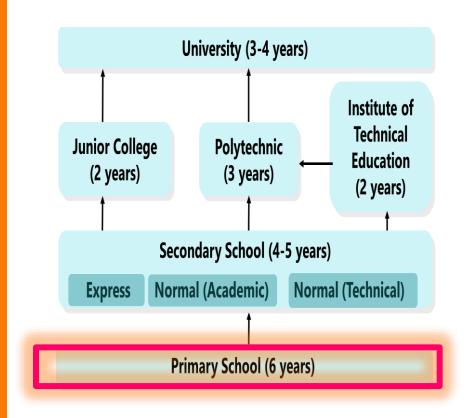
INCREASINGLY FRAGMENTED WORLD

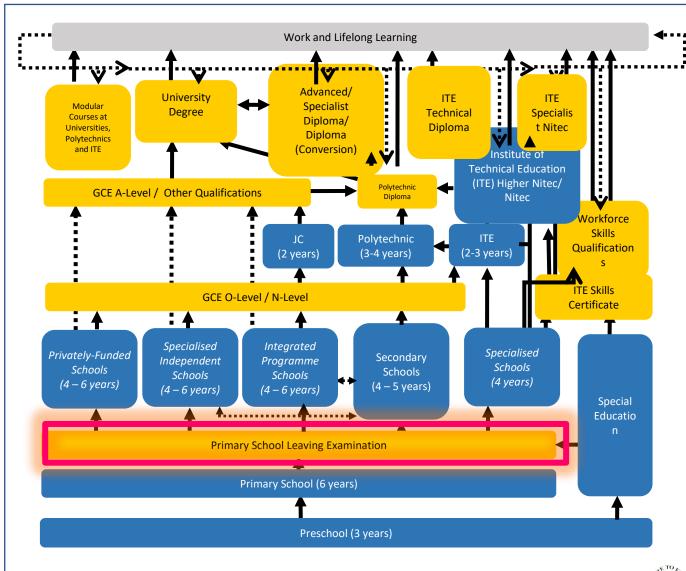
Uncertain external environment

EVOLVING SOCIAL FABRIC

Diverse perspectives, ideas and values

Evolution of our Education Landscape





Comparison of Old & New PSLE Scoring Systems

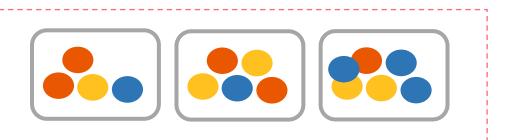
	Old PSLE Scoring System	New PSLE Scoring System				
PSLE Scores Computation	T-Scores NEWS SPORTS ENTERTAINMENT LIFESTYLE RACIN	Achievement Levels (ALs)				
Performance basis	GAPORE NEWS SPORTS ENTERTAINWENT LIFESTYLE RACIN	ice				
Level of differentiation Over 80% of PSLE cohort posted						
School Posting to school within first three merit						
choices: MOE						
	2. Balloting 2. Choice ord 3. Balloting					
		HUAMIN PRIMARY SCHOOL				

One Secondary Education, Many Subject Bands

Today's form classes



With Full SBB: Form classes



New PSLE scoring system sees more pupils qualifying to take secondary school subjects at higher level





FULL SUBJECT-BASED BANDING (FULL SBB) TIMELINE

Link to PSLE-FSBB Microsite



https://go.gov.sg/pslefsbb

PILOT

31 schools

Next phase of schools Final phase of schools

Common National Exam

2020 ANJ

Full SBB pilot commenced in 28 secondary schools. Feedback from pilot schools has been positive.

2022

2023

Full SBB will continue to be rolled out to more schools in phases.

2024

From 2024,

- There will no longer be Express, N(A) and N(T) courses.
- Students will be able to study subjects at different levels that suit their interests, strengths and learning needs.

2027

From 2027, students will sit for the common national examination and receive a new national certification with subjects at different levels.

FULL SUBJECT-BASED BANDING (FULL SBB)

- Removal of Express, N(A) and N(T) courses (from 2024)
- Mixed form classes
- Common Curriculum subjects
- Offering subjects at a more demanding level, including Humanities subjects
- Common National Examinations
- Post-secondary Admissions



A ppreciation leads to happiness

- Grateful for the small things
- Be present and listen intently with discernment

A ffirmation leads to confidence

- Praise willingness to learn (effort) and not inert gift (clever)
- Encourage and motivate and avoid comparison

A ccountability leads to responsibility

- Synergy (helping out at home)
- Monitor sleep time and exposure to Internet, games ad TV programmes, social media

Building Partnership with the school

Maintain regular communication through official school channels.

- Have regular conversations with teachers in both academic and nonacademic areas - this will help you better guide your child's development
- Ask the teacher for the best way and time to contact them

- Teachers are not obliged to share their personal mobile numbers with parents.
- Contact teachers during school operating hours only (7.30 am – 5.30 pm), unless it is an emergency.
- Alternatively, you may wish to send an email to the teachers. Their email addresses can be found in our school's website/FT letter.
- Mutual respect is key to all partnership:
 - ✓ Let's provide a safe working environment for our teachers and speak cordially.
 - ✓ Should you need to clarify any serious matter, stay calm and clarify with teachers first. Allow teachers time to follow up on the issues.

Parenting Journey

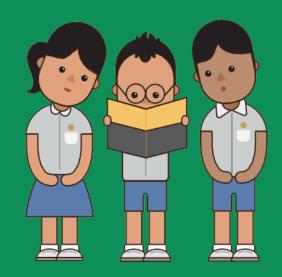
- Acknowledge your challenges
- Discuss your problems with your loved ones
- Set aside me-time to recharge

A Happy Learning Place





Understanding the PSLE Scoring and Secondary One Posting Exercise





PSLE Scoring & S1 Posting System

NURTURING DIFFERENT ASPECTS OF OUR CHILDREN

The PSLE scoring is meant to reduce over-emphasis on academic results by:

- Reducing fine differentiation at a young age
- Recognising a student's level of achievement



PSLE Scoring & S1 Posting System

REDUCING FINE DIFFERENTIATION

From 2021 onwards

Each Achievement Level (AL) spans a range of marks. Students who perform similarly will be grouped in the same AL. This reduces the fine differentiation of the students.

SCORES WILL BETTER REFLECT STUDENT'S OWN PERFORMANCE, INSTEAD OF COMPARING HIM TO HIS PEERS

From 2021 onwards

Once a student meets the professionally-set standard expected at a certain AL, he will receive the AL regardless of how his peers have performed.



PSLE Scoring & S1 Posting System

THE CHANGES WILL NOT AFFECT THE CURRICULUM AND THE SUBJECTS TESTED AT PSLE

MOE reviews the curriculum regularly to ensure that it is relevant and upto-date. This will continue as per current practice.



Achievement Levels (ALs): Wider scoring bands

Students' AL for each subject will reflect their individual level of achievement, rather than how they have performed relative to their peers.

	AL	1	2	3	4	5	6	7	8
N	law Iark ange	≥ 90	85-89	80-84	75-79	65-74	45-64	20-44	< 20

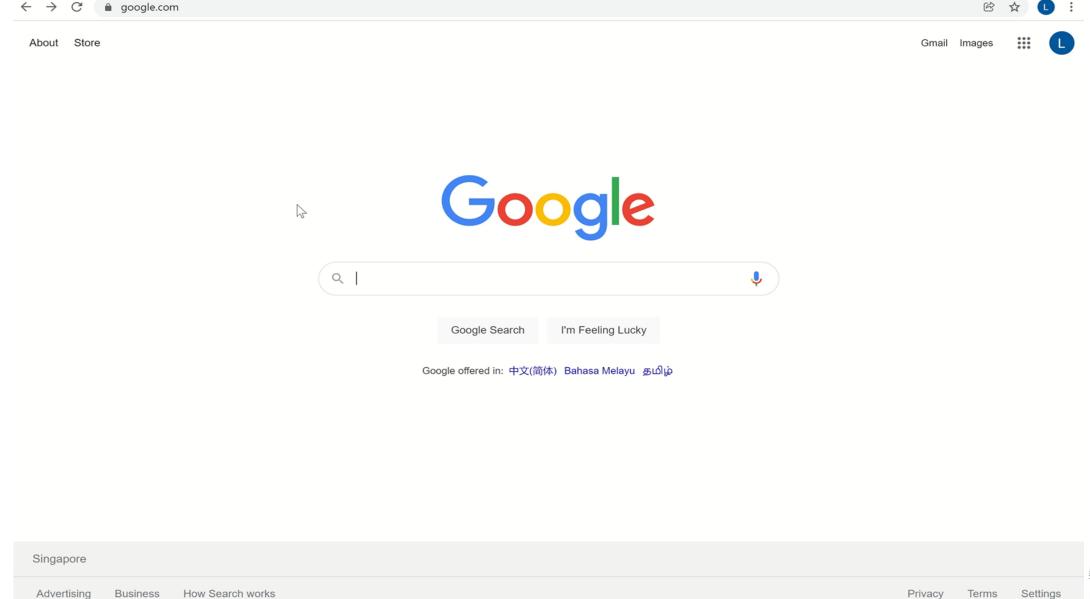
Grading for Foundation Level Subjects

FOUNDATION LEVEL SUBJECT GRADES TO BE LESS FINELY DIFFERENTIATED

- Students taking foundation subjects, will be graded ALA to ALC.
- Like Standard subject ALs, the foundation subject ALs will reflect a student's own level of achievement.
- For the purpose of S1 posting, Foundation level AL A to AL C will be mapped to a Standard Level subject equivalent of AL 6 to AL 8 respectively, to derive a student's overall PSLE Score.

Foundation Level AL Reflected on Result Slip	Foundation Raw Mark Range	Equivalent Standard Subject AL	Standard Raw Mark Range
Α	75 – 100	6	45-64
В	30 – 74	7	20-44
С	< 30	8	<20

MOE Score Calculator



A

In Summary...

What remains	What changes			
Same 4 subjects are tested, and scores are awarded to guide students' choices for the next stage of their education journey.	The new PSLE Scoring reduces the fine differentiation of our students at a young age based on exam scores.			
Curriculum is continually updated. This is independent from the PSLE scoring and S1 posting changes.	Students will be assessed based on their own achievement, instead of being compared to their peers.			





Secondary 1 Posting



JOHN'S CHOICE ORDER:

- 1. SCHOOLA
- 2. SCHOOLB
- 3. SCHOOLC
- 4. SCHOOLD
- 5. SCHOOLE
- 6. SCHOOLF



MARY'S **CHOICE ORDER:**

- 1. SCHOOL C
- 2. SCHOOLB
- 3. SCHOOLA
- 4. SCHOOLD
- 5. SCHOOLE
- 6. SCHOOLF



FULL SUBJECT-BASED BANDING (FULL SBB) TIMELINE







2022

Next phase of schools

2023

Final phase of schools

2024

Common **National Exam**

2027

Full SBB pilot 28 commenced secondary schools. Feedback from pilot schools has been positive.

Full SBB will continue to be rolled out to more schools in phases.

From 2024,

- There will no longer be Express, N(A) and N(T) courses.
- Students will be able to study subjects at different levels that suit their interests, strengths and learning needs.

From 2027, students will sit for the common national examination and receive a new national certification with subjects at different levels.

Choice order of schools will matter more

- Students will continue to be posted to a secondary school based on academic merit, i.e. overall PSLE score.
- If two or more students with the same PSLE Score vie for the last remaining place in a school, tie-breakers will be used in the following order:
 - 1. Citizenship
 - 2. Choice order of schools
 - 3. Computerised balloting



All secondary school students can offer English Language, Mother Tongue Languages, Mathematics and Science at a more demanding level in Secondary One based on PSLE AL for each subject.

Subject	PSLE Subject Level	PSLE AL	Secondary One subject at:
English Language	Standard	AL5 or better	G3 or G2
Mother Tongue Languages			
Mathematics		AL 6	G2
Science			

Subject	PSLE Subject Level	PSLE AL	Secondary One subject at:
English Language	Foundation	AL A	G2
Mother Tongue Languages			
Mathematics			
Science			

Example:

4 students - Jane, Bryan, Mary and John, are vying for the last places in School A and School B.

Jane Singapore Citizen **Bryan** Singapore Citizen

Mary Singapore Citizen John Singapore PR



JANE'S SCHOOL CHOICES

1. School A

2. ...

3. ...

4. ...

5. ...

6. ...







MARY'S
SCHOOL CHOICES

1. School A
2. School B
3. School C
4. ...
5. ...
6. ...



Students with better scores will be posted first

Jane will be posted first as she has a better PSLE score, and will be <u>posted</u> to School A.

As Jane has taken that last place in School A, Bryan, Mary and John, having the same PSLE score, will vie for the last available place in School B.

Tie-breaker 1: Citizenship

<u>Tie-breaker 2</u>: Choice order of schools

Tie-breaker 3: Computerised balloting Bryan and Mary are Singapore Citizens and will have a priority to enter School B.

As Bryan ranked School B higher than Mary in his choice order of secondary schools, he will be posted to School B.

Since the last place of School B is taken by Bryan, Mary will be considered for School C.

John will be tie-broken out as he is a Permanent Resident.
With no places in School B,

John will be considered for School D.





Advice to parents on choosing secondary schools for the child

- Consider your child's learning style, strengths and interests when making school choices in order to find a school that would help the child learn and thrive best.
- Discuss the options with your child, with the following considerations:
 - Values: What is the school's culture and ethos?
 - Learning environment: Is the school's learning environment right for your child?
 - Distinctive programmes and CCAs: Can the school support and develop your child's interests?
 - Location: Is it too far from home? How will your child get to school?



Advice to parents on choosing secondary schools for the child

RESOURCES

- Open Houses Secondary schools hold open houses where parents and students can learn more about the school's programmes, and speak with teachers and students (if the situation allows).
- Indicative cut-off points ranges for school types The indicative AL COP for each secondary school will be provided in the second half of 2023 in the SchoolFinder, derived from the PSLE Scores and choice patterns of the latest 2022 S1 Posting Exercise. These indicative AL COPs ranges for school types can be used as reference point. The actual cut-off points may differ, depending on how students exercise their choices that year.

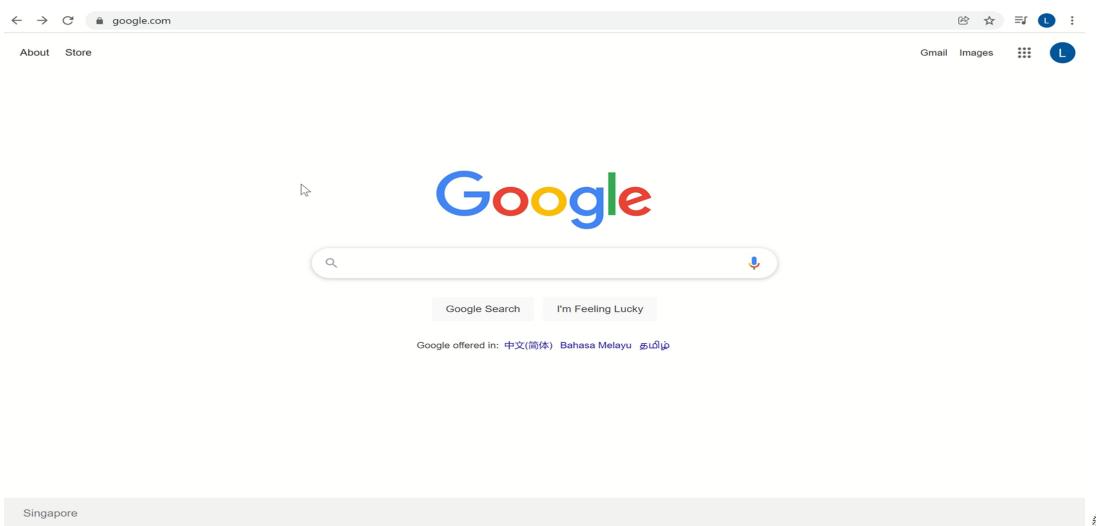
Advice to parents on choosing secondary schools for the child

PREPARING FOR S1 POSTING EXERCISE

- 1. Shortlist a few schools near your home that have programmes that your child is interested in.
- 2. Ensure that your child <u>uses all six options</u> in the S1 Option Form.
- 3. Include a few schools with cut-off points more than your child's PSLE Score.



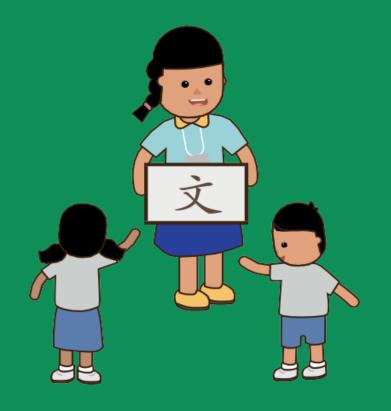
Searching for Secondary Schools By Location - Schoolfinder



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MTL-related Changes





Eligibility for HMTL in Secondary schools

• The eligibility criteria for taking HMTL is intended to ensure that students can cope with the higher academic load, and takes reference from the current criteria.

ELIGIBLITY CRITERIA FOR SECONDARY SCHOOL HMTL

(i)PSLE Score of 8 or better

OR

(ii)PSLE Score of 9 to 14 inclusive; and attain

- AL1 / AL2 in MTL <u>or</u>
- Distinction / Merit in HMTL
- For students who do not meet the above criteria, secondary schools will continue to have the flexibility to offer HMTL to students, if they are assessed to have high ability and interest in MTL and are able to take HMTL without affecting their performance in other subjects.

Use of HCL for admission into SAP schools

POSTING ADVANTAGE

 Higher Chinese Language (HCL) students will continue to receive a posting advantage for admission to SAP schools.

• If multiple students with the same PSLE score apply for places in the same SAP school, those with better HCL grades will be allocated a place ahead of other students.

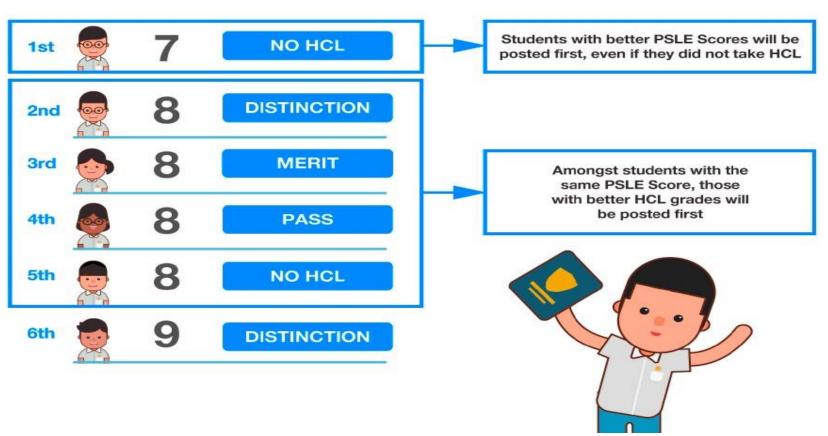
 This posting advantage for admission to SAP schools applies before the tie-breakers for S1 Posting.

Example:

Using HCL for Admission into SAP Schools

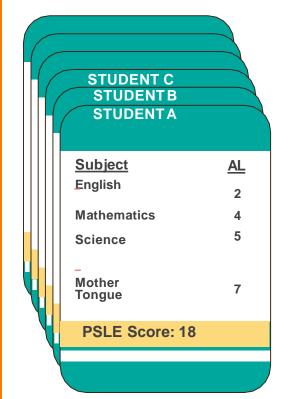
Students who take HCL will receive a posting advantage when applying to SAP schools

Students will be considered for admission to SAP schools in the following order:



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Scoring for MTL-exempt and AsL/FL students



MTL-EXEMPT STUDENT	
Subject	<u>AL</u>
English	2
Mathematics	4
Science	5
Imputed MTL Score	7
PSLE Score: 18	

(Figures used are for illustrative purposes only)

- Students who are exempted from MTL due to extenuating circumstances will be assigned a MTL score, so that they have a PSLE score comprising 4 subjects, for the purposes of S1 posting.
- Under the scoring system, the assigned MTL score will:
 - ➤ Take reference from peers with similar scores for English, Mathematics and Science;
 - Maintain parity of treatment with students who take Foundation MTL (who will score between AL 6 to 8).
- Hence, students will receive an assigned MTL score between AL 6 to 8 in PSLE.



Direct School Admission (DSA)



What Is DSA?

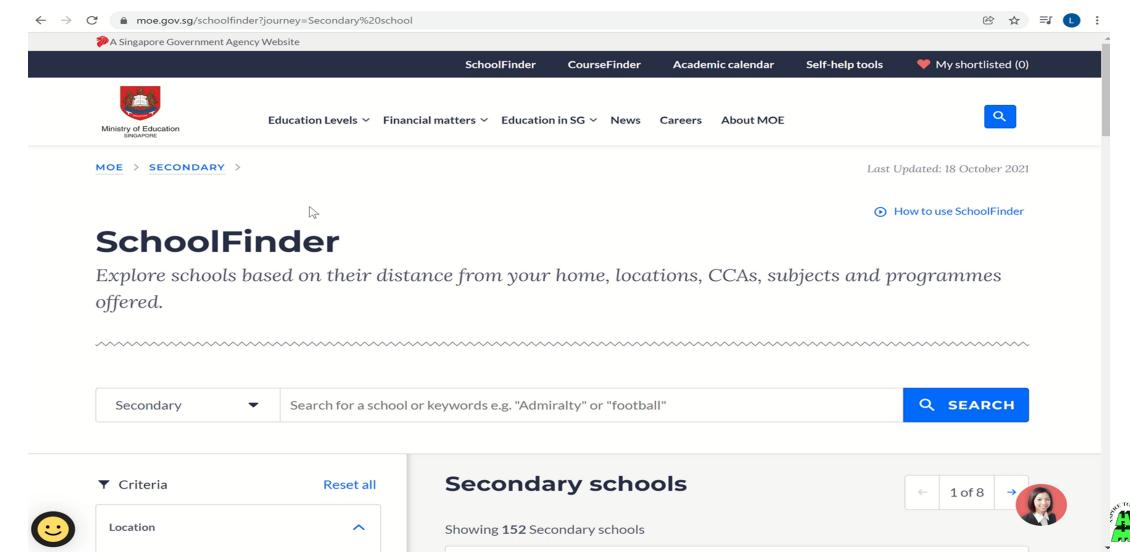
- DSA Exercise is not a centralized posting exercise.
- Participating Secondary Schools have the autonomy to decide who to admit via DSA Exercise.
- Parents and students have to consider their own strengths and to select those DSA schools that best meet their needs.

What Is DSA?

The 3 stages of DSA-Secondary are:

- Selection Stage
- Exercise School Preference Stage
- Results Release Stage (late November)

Searching for Secondary Schools by DSA Talent/Area - Schoolfinder



Possible DSA Options for Huaminites

i ossibic boh opti	
CCA	OTHERS
BADMINTON	STUDENT LEADERSHIP
BASKETBALL	VIA
HOCKEY	
FLOORBALL	
BOWLING	
ANGKLUNG & KULINTANG ENSEMBLE	
GUITAR ENSEMBLE	
INTERNATIONAL DANCE	
CHINESE DANCE	
INDIAN DANCE	
DRAMA CLUB	
ART CLUB	
CERAMICS CLUB	
INFOCOMM CLUB	
SCRABBLE CLUB	
SCOUTS	

ROBOTICS

Ahmad Ibrahim Secondary School	 Critical Social Inquiry and Media Literacy (Girls and Boys) Music (Girls and Boys) Shooting (Girls and Boys) Track and Field (Girls and Boys)
Chung Cheng (Yishun) High School	 Chinese Dance (Girls) Chinese Orchestra (Girls and Boys) Choir (Girls and Boys) Concert Band (Girls and Boys) Modern Dance (Girls and Boys) Volleyball (Girls) Wushu (Girls and Boys)
Naval Base Secondary School	 Leadership (Girls and Boys) Choir (Girls and Boys) Concert Band (Girls and Boys) Indian Dance (Girls and Boys) Modern Dance (Girls and Boys) Table Tennis (Girls and Boys) Visual Arts (Girls and Boys)

Northbrooks Secondary School	Leadership (Girls and Boys) Concert Band (Girls and Boys) Guzheng Ensemble (Girls and Boys) Modern Dance (Girls and Boys) Aerospace (Girls and Boys) Badminton (Girls and Boys) Floorball (Boys) Outdoor Adventure (Girls and Boys)
Northland Secondary School	Floorball (Girls and Boys) Hockey (Girls and Boys) Netball (Girls)

Orchid Park Secondary School

Community Youth Leadership (Girls and Boys)

Choir (Girls and Boys)

Concert Band (Girls and Boys)

English Drama (Girls and Boys)

Guitar Ensemble (Girls and Boys)

Modern Dance (Girls and Boys)

Basketball (Girls and Boys)

Floorball (Girls and Boys)

Football (Boys)

Hockey (Boys)

Netball (Girls)

Wushu (Girls and Boys)

Visual Arts (Girls and Boys)

Yishun Secondary School	English Drama (Girls and Boys) Indian Dance (Girls and Boys) Malay Dance (Girls and Boys) Modern Dance (Girls and Boys) Music (Girls and Boys) Basketball (Girls and Boys) Volleyball (Girls) Media (Girls and Boys)
Yishun Town Secondary School	Tamil Language (Girls and Boys) Boys' Brigade (Boys) Chinese Dance (Girls) Choir (Girls and Boys) Concert Band (Girls and Boys) English Drama (Girls and Boys) Basketball (Girls and Boys) Shooting (Girls and Boys) Table Tennis (Girls and Boys) Volleyball (Girls) Visual Arts (Girls and Boys)

2022 Direct Schools Admission

DSA Area	School
SCIENCE	SCHOOL OF SCIENCE & TECHNOLOGY
INDIAN DANCE	YIO CHU KANG SECONDARY SCHOOL
MODERN DANCE	NORTHBROOKS SECONDARY SCHOOL
GUITAR	FAIRFIELD METHODIST SECONDARY SCHOOL

2022 Direct Schools Admission

Name	School
FLOORBALL	ORCHID PARK SECONDARY SCHOOL
FOOTBALL	ORCHID PARK SECONDARY SCHOOL
HOCKEY	RAFFLES INSTITUITION
HOCKEY	NORTHLAND SECONDARY SCHOOL



PSLE Examination Dates

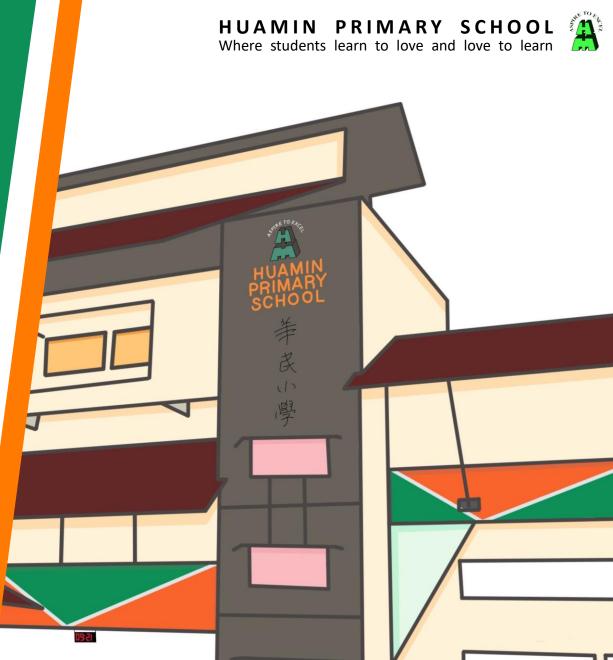


2023 Preliminary Examination & PSLE Dates (Tentative)

	Preliminary Examination	PSLE
Oral Examination	20-21 Jul	15-16 Aug
Listening Comprehension	28 Jul	15 Sep
Written Examination	21-25 Aug	28 Sep – 4 Oct

Important Dates (Tentative)

Distribution of Booklets	Semester 1
PSLE Results	1 st week of Nov/Dec school holidays
Option Form Submission and Capturing	Within 1 week of release of results
Posting Results	2 nd last week of Dec
Reporting to Secondary School	The following day after Posting Results has been released.



Helping your Child To Cope with Exam Stress

What is Stress?

A state of mental or emotional strain resulting from adverse or demanding circumstances.

Is Stress Good or Bad?

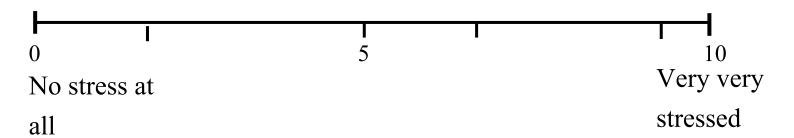
- A normal response
- "Good stress" vs "Bad stress"
- Short-term stress can motivate and give a person the extra energy to complete a task successfully.
- However, prolonged and/or extreme stress can wear down the body and cause negative behaviours.

Signs and Symptoms of Stress

Behavioural	Emotional	Physical
 Change in eating patterns Sleep disturbances Forgetfulness Anger outburst Loss of concentration Withdrawal 	 Irritability Anxiety Guilt Fear Restlessness 	 Ulcers Tension headaches Back or joint pain Indigestion Fatigue

Signs and Symptoms of Stress

• Using the stress scale



- Stress level
- Causes
- How has it affected you?
- How to bring it down?
- What will cause the score to go up?





Strategies to Manage Exam Stress



- Be realistic
 - Set achievable goals (SMART)
 - Target-setting and regular review of targets set

	Question
S pecific	What do you want to achieve?
M easurable	Can you put in numbers so that you can know how far you have progressed to achieve your goal?
A chievable	Do you have the ability to do it? What skills and resources do I need to achieve it?
Realistic	Can it be done given time and resources? Who do I need to seek help from?
T imely	When do you need to reach this goal?

- Ensure a suitable environment for study/revision
 - > Location and possible distractions
 - Use of music: choose soothing classical music without words
 - Schedule of other siblings: do get the other siblings to do their homework or revision during the time when your P6 child is studying

- Foster good time management skills
 - > Setting a time-table and keeping to the time-table.
 - > Collaborative
 - > Factor in breaks and play time in the schedule
 - > Checklist of things to complete within the week

- Monitor usage of gadgets
 - Limit the time your child can use his mobile phone/tablet/laptop
 - Discourage use of mobile phone/tablet during study, meal times and before bed time.

- Ensure your child maintains a healthy lifestyle
 - Time for exercise/ physical play
 - > Balanced diet
 - Enough time for sleep (9-10 hours)

Four in 10 S'porean children aged 6 to 9 are sleep deprived



SINGAPORE — A recent study has found that about four out of 10 primary school children aged six to nine are not getting enough sleep and the use of electronic devices before bedtime could be affecting their sleep, as well as their ability to stay awake in class,

http://www.todayonline.com/singapore/lower-primary-school-

children-not-getting-enough-sleep



- Allow your child time for himself
 - Grounding technique: bring your child to a place surrounded by nature such as a park or the beach.
 - Ask your child to close his or her eyes and get him or her to explain what he or she hears, feels and smells.
 - Get your child to touch a leaf and explain the texture of the leaf or walk barefoot on the sand.
 - If you do not have time to bring your child out, you can also do it in the comfort of your own home. The purpose is basically to get your child to engage the five senses.

- Meditate/pray
- Expressive methods: encourage them to draw, paint, write lyrics, sing and dance to help them to express and relieve their stress.

- Maintain an open communication with your child
 - Self-disclosure : Share about your own challenges and stresses and how you overcome them
 - > Adopt a non-judgmental attitude

- Encourage use of positive self-talk
 - >Use positive words
 - >Use action words
 - ➤ Eg. "If you don't study, you will fail." vs "If you work on your fractions, you can score higher for Maths."

Conclusion

- Stress can be harmful if it is extreme and/or prolonged.
- Stress can be manifested through the physical symptoms, emotions as well as behaviour.
- Among ways to help your child manage stress include:
 - Being realistic
 - > Fostering good time management skills
 - Monitoring usage of social media
 - > Ensuring a proper environment for study
 - > Ensuring your child maintains a healthy lifestyle
 - Allowing your child time for himself
 - > Maintaining an open communication with your child
 - Encouraging the use of positive self-talk

